

# 24-hour Emergency and Crisis Contacts

## EMERGENCY 000 (Life-threatening situations)

BOYUP HOSPITAL	9765 0222 <i>Hospital Road, Boyup Brook</i>	Emergency department service, Hospital service
BOYUP BROOK MEDICAL SERVICES	9765 1026 <i>78B Abel St Boyup Brook</i>	Practice consultations · Citizens Lodge consultations · Hospital admissions and emergency presentations · Minor general surgery (lumps & bumps)
ALCOHOL AND DRUG SUPPORT LINE - 24 HRS	1800 198 024 <a href="https://alcoholthinkagain.com.au/get-help">https://alcoholthinkagain.com.au/get-help</a> <b>LIVE CHAT:</b> <a href="http://www.mhc.wa.gov.au/about-us/our-services/alcohol-and-drug-support-service/live-chat-with-an-alcoholdrug-counsellor">www.mhc.wa.gov.au/about-us/our-services/alcohol-and-drug-support-service/live-chat-with-an-alcoholdrug-counsellor</a>	Provide you with information about alcohol or drug use; Provide emotional support; Talk about treatment options
BEYOND BLUE - 24 HRS	1300 224 636 <a href="http://www.beyondblue.org.au">www.beyondblue.org.au</a>	Beyond Blue provides information and support to help everyone in Australia achieve their best possible mental health. They also provide counselling through calls or online chats and mental health coaching.
CRISIS CARE	1800 199 008 <a href="http://www.wa.gov.au/service/community-services/community-support/crisis-care">www.wa.gov.au/service/community-services/community-support/crisis-care</a>	Crisis Care provides Western Australia's after-hours response to reported concerns for a child's safety and wellbeing and information and referrals for people experiencing crisis.
FAMILY AND DOMESTIC VIOLENCE - 24HR	1800RESPECT - 1800 737 732 0458 737 732 <a href="http://www.1800respect.org.au/violence-and-abuse/domestic-and-family-violence">www.1800respect.org.au/violence-and-abuse/domestic-and-family-violence</a>	Talking about sexual, domestic and family violence can be hard. When you contact 1800RESPECT, you will talk to a trained counsellor who will listen and support you in what feels right for you and your situation. Working with you to help you identify what you can do and to find the right services or support for you.

<b>KIDS HELPLINE – 24HR</b>	1800 55 1800 <a href="http://www.kidshelpline.com.au">www.kidshelpline.com.au</a> <b>LIVE CHAT:</b> <a href="http://www.kidshelpline.com.au/get-help/webchat-counselling">www.kidshelpline.com.au/get-help/webchat-counselling</a>	Kids Helpline is Australia's only free (even from a mobile), confidential 24/7 online and phone counselling service for young people aged 5 to 25. Qualified counsellors at Kids Helpline are available anytime and for any reason.
<b>LIFELINE – 24HR</b>	13 11 44 <a href="http://www.lifelinewa.org.au">www.lifelinewa.org.au</a> <b>LIVE CHAT:</b> <a href="http://www.lifeline.org.au/crisis-chat">www.lifeline.org.au/crisis-chat</a>	Lifeline WA provides those experiencing a personal crisis or thinking about suicide with access to 24 hour crisis support and suicide prevention services. The 13 11 14 service is a nationally-routed crisis support number, available every day of the year, from any location in Australia, to anyone - regardless of age, gender, ethnicity, religion or sexual orientation.
<b>MENSLINE: 24HR</b>	1300 789 978 <a href="http://www.mensline.org.au">www.mensline.org.au</a> <b>LIVE CHAT:</b> <a href="http://www.mensline.org.au/phone-and-online-counselling">www.mensline.org.au/phone-and-online-counselling</a>	MensLine Australia offers free professional 24/7 counselling support for men with concerns about mental health, anger management, family violence (using and experiencing), addiction, relationship, stress and wellbeing.
<b>PARENT AND FAMILY DRUG SUPPORT LINE – 24 HRS</b>	1800 653 203 <a href="https://www.mhc.wa.gov.au/about-us/our-services/alcohol-and-drug-support-service/parent-and-family-drug-support-line/">https://www.mhc.wa.gov.au/about-us/our-services/alcohol-and-drug-support-service/parent-and-family-drug-support-line/</a>	The Parent and Family Drug Support Line is a confidential, non-judgmental telephone counselling, information and referral service for anyone concerned about a loved one's alcohol or drug use.
<b>RURAL AID MENTAL HEALTH AND COUNSELLING LINE</b>	1300 175 594 <a href="http://www.ruralaid.org.au">www.ruralaid.org.au</a>	Rural Aid counsellors offer free, confidential support to farmers. With trained counsellors helping their communities with a range of services, from early intervention and health promotion, right through to treatment using evidence-based interventions. Prefer to visit farmers on their properties and counsellors are often called on to fix fences or drench sheep while they're having a chat.
<b>RURAL LINK (MENTAL HEALTH SUPPORT FOR RURAL COMMUNITIES)</b>	1800 552 002 4.30pm – 8.30am weeknights 24 hours at weekends and public holidays <a href="http://www.emhs.health.wa.gov.au/Hospitals-and-Services/Mental-Health/Rurallink">www.emhs.health.wa.gov.au/Hospitals-and-Services/Mental-Health/Rurallink</a>	Telephone Mental Health Crisis support from a qualified Mental Health clinician for Western Australians in regional and remote areas experiencing a mental health crisis and/or those supporting them.

<b>SEXUAL ASSAULT RESOURCE CENTRE (S.A.R.C.) - 24 HRS</b>	1800 199 888 <a href="http://www.wnhs.health.wa.gov.au/Our-services/Service-directory/SARC">www.wnhs.health.wa.gov.au/Our-services/Service-directory/SARC</a>	The Sexual Assault Resource Centre (SARC) is a free service located in Perth providing crisis services to people who have experienced a recent sexual assault (rape) in the last two weeks and counselling for sexual assault / abuse experienced recently or in the past. Services are available for people of all sexualities and gender identities aged 13 years and above.
<b>SUICIDE CALL BACK SERVICE - 24 HRS</b>	1300 659 467 <a href="http://www.suicidecallbackservice.org.au/phone-and-online-counselling">www.suicidecallbackservice.org.au/phone-and-online-counselling</a>	Suicide Call Back Service offers free professional 24/7 telephone counselling support to people at risk of suicide, concerned about someone at risk, bereaved by suicide and people experiencing emotional or mental health issues.
<b>13YARN - 24 HRS</b>	13 92 76 Email: <a href="mailto:enquiries@13yarn.org.au">enquiries@13yarn.org.au</a> <a href="https://www.13yarn.org.au/">https://www.13yarn.org.au/</a>	13YARN [Thirteen YARN] is the first national crisis support line for mob who are feeling overwhelmed or having difficulty coping. Offer a confidential one-on-one yarning opportunity with a Lifeline-trained Aboriginal & Torres Strait Islander Crisis Supporter who can provide crisis support 24 hours a day, 7 days a week.

<b>BRIDGETOWN HOSPITAL</b>	9782 1222 <i>Peninsula Road, Bridgetown</i>	Diabetic education service, Hospital service, Emergency department service
<b>BUNBURY HOSPITAL</b>	9722 1000 <i>Bussell Highway (crn Robertson Drive)</i>	Emergency department service, Hospital service 24 hours
<b>BUSSELTON HEALTH CAMPUS</b>	9753 6000 <i>4 Mill Road, West Busselton</i>	Emergency department service, Hospital service
<b>WARREN HEALTH SERVICE, MANJIMUP HOSPITAL</b>	9772 5100 <i>Hospital Ave, Manjimup</i>	Emergency department service, Hospital service

*If any details on this listing need to be updated, or others included, please call 9765 1169 or email [crc@boyupbrook.org](mailto:crc@boyupbrook.org)*